MEDIA: VIVA - NEW ZELAND

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Going Places

Life is definitely beautiful in Forte dei Marmi, where the rituals of summer are elevated with Italian flair, writes Andrew Glenn



orte dei Marmi – or 'marble fort' – is a posteard-perfect town on the Tuscan coast where, for generations, the smart set of Florence and Milan have descended for idyllic summers by the sea. Forte, as if a referred to, enjoys a fabled history synonymous with artists, writers and Tubian aristocracy. Set against his beautiful backdrop of the Apana Alps – and just over a hour by ear from that Thomas Mann reportedly penned Death in Vernice when he was a guest at the Hotel Regina. Sculptor Henry Moore frequented the resort in the 1650 searching for marble in nearby Carrara. Opera singer Andrea Bocelli lives here in a villa along the lungomare, the town's five-kilometre waterfront. Acros from his home is Alpemare, a bagno (beach club) that he owns, one of 98 bagni that line an impossibly wide beach with meticulously groomed sands.

"I'm lucky to be Italian, really lucky to be from Tuscany, but I feel incredibly lucky to live in Forte del Marmi," Bocelli has famously said of this Vernilan idyli.

It's as if time has stood still in Forte. Summer ritual remain constant for the generations of well-heedel Italians who rut my sear after year. Bleyels are the preferred mode of transport, not jazzed-up mountain blakes but simple, old-fashioned ones with wicker baskets. The pace of life is beautifully slow, as you pedal down tiny streets lined with towening Italian stone pine trees.

On a typical summer moming locals in forting in the stranger of the pace of the Caffe Principe, a local institution at the such a stranger of the contraction of the summer remain constant for the generations of well-heedel Italians who rut my are after year. Bleyels are the preferred mode of transport, not juzzed-up mountain blakes but stimple, old-fashioned ones with worker baskets.

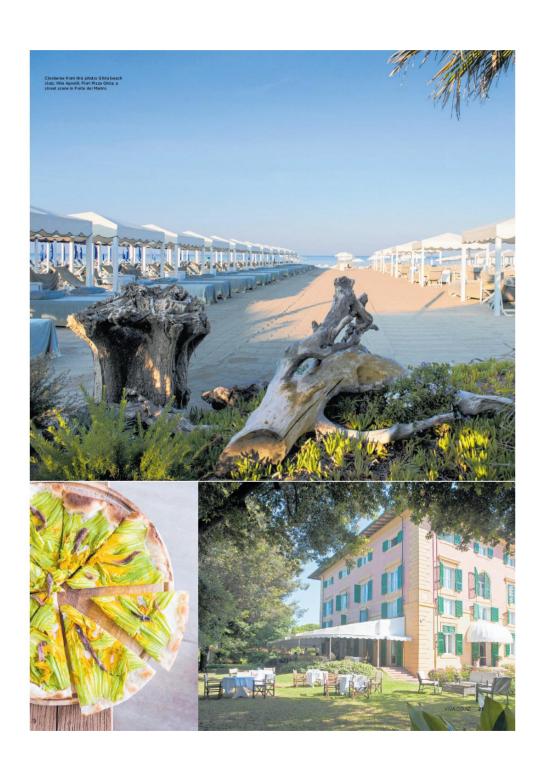
at the Caffe Principe, a local institution

where waiters in crisp white shirts and black ties have been serving coffee and Campari for decades.

The culture of sunbathing has been elevated to an art form in Forte, with bagni catering to a multitude of tastes and budgets. It is all very civilized; guests are given lockable private cabins to get changed in before heading on to the sands to rajoy the day at their tenda (canopied cabana), usually set up with deck chairs and sun loungers. At some of the smarter chairs the tendas come with safes, hourriously large towels and food service. There is an obessive vigilance in keeping it all very orderly: bagni allowing from the sand at dawn and duk, using large rakes to remove rubbish and create a contury of effect on the sand. The and calm, perfect for children, and the almost purpose of the sand the same and the

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why I like it, "she explains. "The food and the atmosphere are what people dream they want summer to be," says Bonami, who spends her summers at Gilda, a popular bagno. "I would sooner change husbands than beach chush I'be food at Gilda is amazing," she laughs. Head to Gilda any lunch or dinner and it's easy to understand the allure. Among the mean highlight are an indulgent spaghetti with scampi and black truffies; the thinnest, most delicious pizza; and fish cooked to perfection.

Gilda was started in 1984 by the late Luigi Talvarnai and his wife Adua Minari. In 1997, after a fire decimated the bagno and restaurant, the couple's daughter

and restaurant, the couple's daughter Ilda, along with her new husband, Ida, along with her new husband, Riccardo, saw an opportunity to reinvent the place, making it more upmarket and expanded the menu and offerings. Two decades later the club has a reputation as one of the best places to sunbathe and eat on the Tuscan Riviera. Minari, now 82, works every day in the kitchen, overseeing the baking and

rts and the deep fryers used to

desserts and the deep fryers used to cook their legendary first mists of fried mixed senfored. The really hard to do good fried fish. It's all about the oil. My mother changes the soll three filmes a service, "explains files oil three times a service," explains files. "My mother changes the soll three filmes as service, and the strawberry supplier away and said come back tomorrow with better strawberries!"

Tabarani's tireless attention to detail ensures Gidal's quality never dips. Her stones, Niccio and Edoardo, work during their summer holidays while back from their studies in the UK. "The boys say I should just oversee and not work so much," she laughs: "It's not possible. It y to explain to them that if you want to make sure everything is perfect you have to check everything yourself, every time, every day." For me Forte di Marmi is one of the best places in the world," explains Tabarani. "You can go everywhere by bisyele. You have a lot of choice of restaurants and shops. It's a great place for children. They come every summer and make friends.

BEACH CLUBS

Cabanas can be rented by the day, week or month at beach clubs, known as bagnis. Fees can range from \$50 a day to several hundred. Typically, prices include the use of a "cabina" for changing, a "tenda" with beach chairs and sun loungers, and shower facilities.

Alpemare. One of the fanciest and ownded by singer Andrea Bocelli, this bagno has cabanas with curtains. Via Arenile, 60. Forte del Marmi. Alpemare.com

America. A very popular bagno and restaurant. Via Arenile, 2. Forte dei Marmi. Bagnoamerica.it

Augustus. Completely renovated in 2019 including its acclaimed restaurant Bambaissa. 75 cabanas feature queen-size day beds and storage safes. Viale della Repubblica. Augustus-hotel.it

Gilda. Featuring 70 tendas and 18 umbrella gazebos, Gilda attracts a low profile, jet-set crowd, a smattering of latter-day Agnellis, New York hedge funders and Scandi families, who share a love for the sun and the kitchen's deliciousness. Via Arenile, 88. Forte die Marmi. Gildafortediumarmicom

HOTFLS

Augustus Notel & Resort. In addition to the Villa Agnelli, the hotel operates a series of buildings and a cluster of seven villes with the chic and authentic interiors. The original building, the Villa Pesenti, was designed in 1939 by renowned architect Cayaldo Borsani. All guests have access to a private tunnel to the beach. Works by Henry Moore can be found on the walls and the artist's doughter continues to stay here every year. Vidle Morni, 199. Forte del Marmi 55042. Augustus-hotelit. Villa Gilda, In he hills behind Forte del Marmi, about 10 minutes by car, is the Villa Gilda. Nine chic bedrooms with king-size beds and luxurious bathrooms make up this intimate hideway, featuring views across the Versilian coast. Guests enjoy an impressive breaktast buffet — with sinfully delicious cales, healthy juices and eggs cooked to order. Via Balone, 2, 54038 Montignoss. Gildafortsedeimarmicom

Ausse Montignose. Gildatortedelminimicom.

Hotel Principe. The newest and perhaps most expensive kid on the block.

Think dark wood and minimalist but luxurious rooms and a rooftop bar.

Viale Ammiraglio Morin, 67. Forte dei Marmi. Principefortedelmarmi.com

RESTAURANTS

Al Bocconcino. Great food on the piazza in the centre of town. Delicious pizza. Piazza G. Garibaldi, 6/N, Forte dei Marmi. Ristorantea/bocconcino.co Caffe Principe. An institution, perfect for a cappuccino in the morning or an Aperol spritz during passeggiata. Via G. Carducci, Forte dei Marmi. Aperol spritz during passeggiata. Via G. Carducci. Forte dei Marmi. Gilda. Delicious fish, shellfish, pasta, pizza. A new, more casual annex serves food all day. Via Aranile, 85. Forte dei Iharmi. *Gildafortedeimarmicom*Orlando. Noted focaccaria and pizzeria since 1959. Open until 3am on summer weekends. The pae faceacia is to die for. Via Colombo, 80, 55042 Forte dei Marmi. *Orlandofortedeimarmi.lt*Osteria A' Pagliai. Famous for its steak, this charming restaurant set in lush gardens on the cutskrits of Forta dei Marmi is busy every night and for good reason. Via S. Giuseppe, 84, 55047 Seravezza.

